Empatherapy Wellness
Naomi Bhatia
Psychologist & Art Psychotherapist

Privacy & Confidentiality

Your privacy matters to us

Empatherapy Wellness offers a safe, respectful and non-judgemental space where you can speak openly and honestly.

Your Session Is Your Private Space

What you share in therapy is treated as strictly confidential. Your personal information, conversations and therapeutic experiences will not be shared with family, friends, employers or others without your knowledge and appropriate consent.

Limits to Confidentiality

Exceptions apply where disclosure is required or permitted by applicable law, or by professional and ethical obligations.

Care & Respect

We handle your personal and clinical information with care, discretion and professionalism. Our work is guided by empathy, confidentiality and respect for your experiences, choices and boundaries.

A Space to Be Yourself

Speak openly. Feel heard.

Explore without judgement. Take your time.

Sometimes, being heard is the beginning of healing.

Thank you

Empatherapy Wellness | By appointment only

WhatsApp: +91 98199 92893

empatherapy.in@gmail.com • empatherapy.in